To find your coverall size, measure your chest and inseam, and choose the corresponding size.

If you are in between measurements, choose the larger size. If waist size is larger than chest size, use waist measurement to choose your size.

CHEST: Place 0 " mark of the tape measure in the center of your chest. Tape should wrap around the broadest part of the chest, under the arms and resting across the shoulder blades, back to the center of chest. Tape should be level and laid flat, held neither too tight, nor too loose. The point where the tape meets the $0^{\prime \prime}$ mark, (in the center front of the chest), is your measurement.

INSEAM: Use a pair of pants that fit you well, (they should not be too loose around the waist). Measure the inseam of the pants by positioning the tape's 0 " mark on the center seam of the crotch, down the inside leg seam, to the hem. The point where the tape meets the hem is the inseam length.


NOTE: when taking these measurements, use a cloth tape measure, not a metal one. Measurements should be taken over standard undergarments. If you plan to wear clothing beneath coveralls, order one size larger, to accomodate the extra garments.

